

YMCA Camp Woodstock

Individual Plan of Care for a Child with Special Health Care Needs or Disabilities

Child's Name: _____ Date of Birth ____/____/____

Special health care need or disability: asthmatic

Plan for appropriate care of the child in a medical emergency. An individual Plan of Care is necessary when a child has a special health care need or disability and it is necessary that special care be taken or provided while the child is at the youth camp. Our protocol at camp is as follows:

Every day: If your child is feeling good with no trouble breathing, is capable of sleeping through the night, no cough or wheezing, and can participate in activities as usual then prescription medications such as Flovent will continue to be given daily/as often as prescribed. No plan of action is required for a healthy child.

Asthma symptoms getting worse: If your child is experiencing some trouble breathing, mild tightness in chest, mild wheeze, cough in the day or night, or is unable to participate in activities as usual then prescribed medication will continue to be given along with rescue inhaler. Your child will be monitored closely until symptoms reside. High intensity activities will be modified for the time being.

Asthma attack: If your child is having extreme difficulty breathing, is breathing hard or fast, ribs are seen when breathing, can't stop coughing, neck pulls in, child cannot walk, child cannot talk, child cannot participate in activities, or chest is extremely tight then the child is put on a nebulizer treatment and emergency contacts/services are called. If while waiting for emergency services oxygen saturation drops below 92% oxygen is administered at 2L/min via nasal cannula.

Other relevant information: (e.g. precautions to be taken to prevent a medical or other emergency):

Signature(s) of the Parent(s):

Date Signed:

_____/____/____
_____/____/____