



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Thank you for your interest in the Black Pond Plunge!

Below is some information that you may find useful. If you have any further questions please do not hesitate to contact our camp office at 1-800-782-2344 or e-mail camp.woodstockymca@ghymca.org

When & where does the Plunge take place?

The Black Pond Plunge will take place on February 25, 2012 at YMCA Camp Woodstock. Registration will begin at 11am followed by a cookout & activities. The plunge will take place at 1pm.

Who can participate?

Anyone ages 16 and over! Plunging will take place in our swimming and boating sections and will not be over the head of any participants. Plungers will jump into the water in small groups or in teams.

How much does it cost to Plunge?

Cost is based upon how much each individual plunger chooses to pledge towards the Strong Kids Campaign. Below is a breakdown of costs associated with a child's camp experience. Please choose a pledge that you feel most comfortable with. Remember, you don't have to give this money yourself, but ask friends, family, co-workers, camp pals, and neighbors to help sponsor you! You may also plunge as a TEAM!

Pledge Information

\$25 - buys a camper a morning of activities

\$50 - buys a camper an afternoon of activities and an evening program

\$130 - sends a child to camp for 1 full day (*team of up to 3 people*)

\$750 - Send a child to camp for an entire week (*team of up to 15 people*)

\$18 - For those too chicken to dip, but want to buy a camper 3 meals.

\$15 - Allows you to get in the water for a second dip!

****Payment can be made in advance (*along with your registration*) or at the door.**

What does this money go towards?

One hundred percent of all proceeds raised from this event benefit our Strong Kids Campaign. The Strong Kids Campaign helps to provide over 100 camperships annually to children who are otherwise unable to afford the summer camp experience.

Will there be other activities offered during the day?

Yes, while the plunge takes place at 1pm, we will open our doors at 11am for registration and 11:30 begins our cookout and activities. The cookout is free for participants and a \$5 donation is suggested for everyone else. We will also be running activities such as a snowshoe hike, snowman building contest, s'mores making, and a costume contest for participants.

Costume Contest!?!

At Camp Woodstock we love to dress up! While this is a serious fundraising event, we want to make it as fun as possible and costumes are a great way to do this. If you are interested in participating in a costume just wear anything that you think would be funny to see jump into the lake. We suggest not wearing anything too heavy, hard to move in, or difficult to get in and out of. If our rescue crew doesn't feel like your costume will be safe they may ask you to change into something different. If you are plunging as part of a team think about dressing in theme!

What if I've never done this before?

No worries! After you register we will send you more information as well as some helpful tips for making your first plunge more comfortable.

What if I have more questions!

That's okay! Just give us a call at 1-800-782-2344 and we will do our best to answer them. You may also e-mail camp.woodstockymca@ghymca.